



Jawaharlal Nehru Smriti Government Post-Graduate College, Shujalpur
District Shajapur (M.P.)

Accredited 'B' grade by NAAC

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Institutional Best Practices

BEST PRACTICE NO. 1

1. Title of the Practice

Morning Prayer Assembly & Implementation of Uniform Dress Code for the Holistic Development of Students

2. Goal

With “Morning Prayer Assembly” the college administration aims to inculcate a sense of discipline, and punctuality in the students so that they grow up to be responsible citizens. It also offers a platform for information exchange among students and staff. The goal behind the implementation of the Uniform Dress Code among the students is to inculcate the feeling of equality irrespective of their social and economic status in society. Secondly, it helps in maintaining discipline among them. It also helps the college administration to distinguish outsiders from students.

3. The Context

The morning assembly of students, teaching, and non-teaching staff gives an opportunity to acquaint everyone with the happening around and any planned activity for the day. The national anthem and the State song of Madhya Pradesh are sung during the assembly which instills a sense of patriotism among in the students and staff. The implementation of a Uniform Dress Code for students was done after long deliberations among the staff members and the members of Janbhagidari Samiti since most of the colleges- both government and private - had not been able to adopt any such practice. However, the college could convince the student representatives and the Janbhagidari Samiti to this good practice, and the college was eventually able to successfully implement it.

4. The Practice

Morning Prayer Assembly was started in session 2011-12. After the National Anthem and the State song of Madhya Pradesh, students are given important information regarding various activities of the college. For the male students grey-colored trousers and sky-blue-colored shirts, and for female students sky blue-colored salwar and grey-colored kurta were prescribed. The students are required to come in uniform daily except on Thursdays. The Disciplinary

Action Committee observes the consistency of the practice and it is running successfully for the last 11 academic sessions.

5. Evidence of Success

This assemblage of students in one place on regular basis has facilitated the exchange of knowledge and other information among them has played an important role in their overall personality development and has inculcated a feeling of togetherness. This practice also has created a more peaceful and cordial environment in the college. The photographs of the morning assembly are available on the institutional website. The evidence of success with the implementation of the Uniform Dress Code can be clearly observed with respect to a sharp decline in the presence of anti-social and/or outside elements on the college premises resulting in the good maintenance of discipline and decorum within the campus. The photographs showing the students wearing uniform dresses are available on the college website.

6. Problems Encountered and Resources Required

The staff and the students have welcomed and appreciated the Morning Assembly, since the beginning. Although during the implementation of the Uniform Dress Code, the college management initially faced resistance from the student leadership, with the support of Janbhagidari Samiti, the management was able to take the student representatives into confidence regarding its positive and far-reaching effects for the well-being of the college. No financial resources were required for the implementation of this practice since the cost of procuring uniforms is being borne by the students themselves.



BEST PRACTICE NO.2

1. Title of the Practice

Opening of the College Sports Ground to the Public

2. The Goal

The goal behind allowing the public to use the College sports ground is to promote healthy habits not only among the students of the college but also among other citizens of the locality who want to take advantage of this facility and practice a healthy lifestyle. Among them are the students of the college, and of the nearby schools, senior citizens, alumni of the college, and others.

3. The Context

In the contemporary life scenario, most of the physical and mental health issues among the population are mainly due to the sedentary lifestyle. The truth of the matter is that people do not get much time and space to think of maintaining good health by developing a routine and making it a practice as any other routine.

Big cities have many facilities like walking zones, yoga clubs, gyms, and running tracks for public use. But a small town like Shujalpur has no such facilities for the public. Crowded roads and narrow alleys do not provide any free space or fresh air for morning walks, jogging, the practice of yoga and meditation, light games, etc. Therefore, the college administration has decided to open its large sports ground to all the citizens to use the ground to follow a healthy lifestyle through various activities.

4. The Practice

Forty to fifty school students and more than a hundred others including senior citizens in addition to the college students participate on a daily basis in activities such as running, jogging, yoga and meditation, morning and evening walk, recreational sports and games, and in self-defense training by female students. The Sports department of the college oversees and keeps control of all the activities in the mornings and the evenings and ensures that no illegal activities or untoward events take place on the ground.

5. Evidence of Success

Although it is difficult to demonstrate a palpable outcome of such a practice, the increasing number of the citizens of Shujalpur, participating in the mornings and evenings in activities itself is evidence of the interest created among them. Moreover, since yoga and meditation is a made a part of the Foundation Course in NEP 2020, the students of the college also get opportunities to practise whatever they study in the theoretical classroom.

6. Problems Encountered and Resources Required

During the rainy season, it becomes difficult to use the sports ground due to the wet ground. The college administration tries to the best of its ability to maintain the ground, but due to the huge cost involved, it is yet to be developed fully. Most of the maintenance of the playground is done by public participation.



Youtube Link for Sports activities in College -

https://www.youtube.com/watch?v=POLi_PAQ8Eg&list=PL_uXytFoYmI0m1ZNXhGAh9FEfFOJClco1